

Paddle Sports at Aquatic Park Fitness Center

This fall the Aquatic Park Fitness Center is introducing two new paddle sports.

Ping Pong and Pickle Ball

Pickle Ball, the fastestest growing sport in North America, is a cross between Tennis and Badminton. It's played with a large paddle racquet and a Whiffle ball. For those interested in observing the game in action, we offer a free instructional class on Thursdays between 2:30 pm and 3:39 pm.

Ping Pong needs no introduction as a sport. Thanks to the generous donation of a member, the fitness center has acquired a new Ping Pong table and is able to introduce the sport here at Aquatic Park. Fitness Center members, Senior Center members and the general public will be able to rent the use of the Ping Pong table during times that the Fitness Center is not in use for other activities and classes.

Paddle Sport Schedule and Fees

Fees:

Aquatic Park Fitness Center Members (includes day members): no charge

San Francisco Senior Center Members who are not members of the Fitness Center: \$2.50 per player per hour.

General Public: \$5.00 per player per hour

Scheduling the Pickle Ball court or the ping pong table:

Players may "droop in"; however, players that reserve in advance will take precedence.

Scheduling in advance:

- Advanced scheduling is preferable because it gives us a chance to have the table available in advance.
- Players who schedule court time in advance will have precedence over those who drop in.
- Schedule in advance by calling Jim at (415) 923-4482 (leave a message if Jim is not in) or by signing up at the fitness desk
- Maximum of four players at a time
- Players can schedule for ½ hour or 1 hour
- Maximum of 1 hour can be scheduled in advance
- Reservation will be held for 10 minutes
- If you are looking for a playing partner we have lists of players at the fitness desk who are also looking for a partner.